

### YOU WILL LEARN TO

- Understand the differences between technical management and people leadership
- ► Explore your leadership style and establish practical, autonomous and effective decision-making processes
- ► Improve organisational performance and business results through stronger team leadership
- ► Strategies to identify problems and implement effective problem-solving solutions

### **EXPERT FACILITATOR**







### ABOUT THE EVENT

The transition from managing a function to leading yourself and others to achieve high performance can be daunting. Organisations need smart, values-driven and focused leadership to take us into the new era of work. Now more ever it's vital to distinguish yourself as a true leader in your organisation and begin to plot your path for progression.

But the skills that got you here, won't necessarily be enough to take your career to the next level. You need to develop deep insights, skills and leadership styles to influence and inspire others and driver performance in your organisation.

Over two interactive days, you will explore the relationship between purpose, process, people and leading practice. This will provide you with a unique development opportunity to enhance and refine your leadership toolkit and develop into an effective contemporary leader who can successfully navigate your organisation's culture and dynamics to achieve results.

# WHAT OUR DELEGATES ARE SAYING



"Fantastic initiation to leadership/ management with some real practical tools to take back and implement in the workplace. Extremely motivating and thoughtprovoking. Has given me an insight into how leadership/management skills influence the workplace



### **DAY ONE**

# Delve into the differences between technical management and people leadership

- ► Explore common leadership challenges
- ► 5 simple rules for leadership success
- Identify the successful mindsets of today's leaders

#### Learning leadership capabilities

- ► Capabilities and attributes of an effective leader
- ► Identify your core values and goals
- ► Establish the importance of balancing capability development over your career

# The importance of self-awareness - Emotional Intelligence (EI)

- Explore your El and its impact on personal and team performance
- ► Understand the link between self-awareness and leadership success
- Embrace qualities of empathy to become a compelling and inspiring leader

# Communicate with purpose - Understand the power of why

- Understanding and sharing your vision
- ► Cultivate assertiveness and know when to say no
- ► Sharpen your leadership posture



### **DAY TWO**

## Manage work through others - The importance of empowerment in team development

- ► Identify and monitor changes that impact your work environment
- ► How to set achievable, manageable and measurable goals
- Drive team capacity through coaching feedback

### How to deal with complex issues

- ► Handling difficult conversations
- ► Empower collaborative decision making in your team
- Construct a strategy to negotiate tough conversations

### Managing up - Improve your influencing skills

- ▶ Identify and gain access to influencers
- ▶ Learn to trust your initiative and judgement
- ▶ Maintain strong internal and external networks

#### Create your personal plan to lead for results

- Individual reflection and planning to take the next step
- ➤ Develop a concrete strategy to implement on your return to work

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### YOUR FACILITATOR

Garry's philosophy is to share the stuff he's learned and lived to help as many people as he can. He achieves this as a recognised consultant, facilitator, coach, presenter, speaker and MC. Garry creates space for people to contribute, reflect, share and clarify. His style is interactive and relaxed with humour, helping people feel at ease to ask questions and interact freely.

Garry is a certified i4 Neuroleader Practitioner, applying the i4 model and methodology to help organisations create healthier and brain friendly leaders, teams and cultures. A balanced and healthy brain positively influences our behaviour, attention, decision-making, memory and effectiveness. Neurobiology-based leadership & wellbeing programs help transform our organisations and communities from somewhere many people are just surviving, to places where they can thrive.

Garry's extensive experience includes public service executive, police officer, training manager, Prime Minister's bodyguard, Team Australia athlete in a European reality TV competition, jackaroo, screen actor, radio presenter, and Ironman triathlete. He is a member of Beyond Blue's Ambassador and Speaker Bureau, sharing his story to increase awareness and understanding of anxiety and depression in Australia, and to reduce the associated stigma.



Garry Mills
Presenter & Coach
Garry Mills Peak Performance

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### Leadership Level 1: Emerging Leaders & Managers Toolkit

22 - 23 November 2022

#### **Online Delivery**

### **Booking Form**

Event Reference: LDRL1122A - O Priority Code: I

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