# QLD PUBLIC SECTOR AO 5-6 WOMEN IN LEADERSHIP WORKSHOP

Develop essential skills to position yourself as a future leader

24 - 25 AUGUST 2022

- ▶ Understand your EQ and its impact on the way you are perceived as a leader
- Techniques to maintain resilience in times of change
- ► Drive organisational operational service delivery
- ► Career planning AND pathways in QLD Public Sector

## **EXPERT FACILITATOR**



Miriam Henke
Health Psychologist, Executive Coach, Director
Miriam Henke Consulting & Lifespan Dynamics Pty Ltd

BOOK BEFORE 3 MAY, SAVE \$700

VIRTUAL EVENT
Attend from anywhere!



### ABOUT THE EVENT

Aspiring women leaders in the QLD Public Service must display reflective thinking, self-awareness, planning and strategy, but also the confidence and courage to put themselves forward for new opportunities. Ongoing transformations have unlocked new and exciting opportunities for emerging women leaders to step up into senior executive roles.

This workshop will equip women with the tools and practical knowledge to build confidence in their leadership abilities and to best position themselves for career advancement.

Aimed at AO 5-6 level officers and management, this workshop provides you with a unique opportunity to advance core skills for successful leadership. This hands-on, interactive learning session has been designed with both current and emerging leaders in mind. Walk away with a practical leadership plan you can use to navigate a successful career and advance to senior levels!

## YOUR FACILITATOR

Miriam is an experienced Executive Coach and registered Psychologist with the ability to have a significant positive impact on people and results. She achieves this by bringing more depth and focus on particular challenges and collaborating with her clients on strategic solutions and personal growth. In her consulting role, Miriam supports individuals, teams and organisations with bespoke coaching and training programs, particularly incorporating positive psychology and neuro-linguistic programming tools. With a special interest in Mind-Body Medicine, Miriam is also the Creator of The Mainspring Method.



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## **DAY ONE**

#### Managing your inner critic

- ► Recognise and manage your inner critic voice
- ► Strategies for controlling self-doubt
- ► Finding the mentor within

#### Authentic personal leadership

- ► Developing a 'leadership at every level' mindset
- Recognise demands of leadership and the expectations of your organisation
- Embracing your diverse and inclusive leadership style

#### Leading with Emotional Intelligence (EQ)

- Evaluate your EQ level and identify opportunities for further growth and development
- ► Leverage your EQ in the workplace
- Embrace qualities of empathy and understanding to become a better leader

# Practising resilience and authenticity through times of change

- ► Embrace resilience to maximise personal focus
- Working under pressure: resilience and selfmanagement
- Trust your intuition and step outside your comfort zone

## **DAY TWO**

## Communicating with influence

- Understanding different communication styles
- ► How to talk about the issue, not the person
- ► Non-verbal skills to communicate with authority

## Coaching techniques to create positive change in your team

- Develop effective coaching skills and 'conversational intelligence'
- ► Effective techniques of persuasion and negotiation
- ► Understand the nature of conflict and why it exists

## Stakeholder engagement and management

- Explore the best structure and style to effectively connect with others
- ► Maintain strong internal and external networks
- ► Identify and meet stakeholder needs and expectations

#### AO 5-6 Women's Leadership think-tank

- Wrap up discussion on key themes and your career action plan
- What will you do differently as a result of this program?
- How to stay on track when other priorities demand attention

# QLD Public Sector AO 5-6 Women in Leadership Workshop 24 - 25 August 2022

Online Delivery

# **Booking Form**

Event Reference: QAWL0822A - O Priority Code: I

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