

QLD PUBLIC SECTOR AO 7-8 WOMEN IN LEADERSHIP WORKSHOP

TRANSFORMATIONAL STRATEGIES
TO ACCELERATE PERFORMANCE
AND CAREER PROGRESSION



29 - 30
NOVEMBER
ONLINE DELIVERY

EXPLORE

- ▶ Refining your leadership style for personal and team performance
- ▶ High-level communication, influence and negotiation skills
- ▶ Build resilience to thrive during times of change and uncertainty
- ▶ Driving change and innovation as a woman in leadership

EXPERT FACILITATOR



Miriam Henke
Health Psychologist, Executive Coach, Director
Miriam Henke Consulting & Lifespan Dynamics Pty Ltd

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VIRTUAL EVENT

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ABOUT THE EVENT

Navigating this constantly evolving and challenging environment, while adjusting to the new world of work, requires leaders who not only possess a keen insight into the internal and external challenges facing the sector, but also a clear understanding of themselves and the impact they have within their team and the broad organisation. Responsive and adaptable leadership is critical when navigating this change successfully. Leaders who are responsible for this must be strategic, influential, and take responsibility for highly complex projects.

Aimed at existing and emerging AO 7-8 women leaders, this two-day workshop will deliver the essential toolkit for success. Senior leaders in this environment must display reflective thinking, self-awareness, planning and strategy, but also the confidence and courage to put themselves forward for new opportunities. You will walk away with the tools and practical knowledge to build confidence in your leadership abilities and to best position yourself for career advancement in the QLD Public Sector.

TRAINING DELIVERY AND PRE-COURSE QUESTIONNAIRE

This workshop will be delivered using a three tiered approach. The structure of each session is as follows:

1. Technical overview and review of research into the topic area under discussion
2. Practical application of management principles in the review of case studies, worked examples and interactive exercises
3. Discussion of outcomes and implementation issues

Workshop participants will have the opportunity to include comments and questions about issues outlined in the program by way of a pre-course questionnaire. This feedback will enable the course facilitator to adjust content accordingly. The workshop has limited places to allow for customisation, greater interactivity and for individual concerns to be addressed.

DAY ONE

Evolve into the strategic authentic leader

- ▶ Expectations and values of AO 7-8 leaders
- ▶ Distill your authentic approach to management and leadership
- ▶ Reflective leadership - Identify your strengths and weaknesses

Advanced Emotional Intelligence (EI)

- ▶ Explore leadership qualities for a continual learning mindset
- ▶ Utilise heightened EI to make effective strategic decisions
- ▶ Establish the importance of balancing capabilities over your career

Foster your adaptive interventions

- ▶ Adaptive leadership strategies for managing different people
- ▶ Develop your team's resilience to stress and change
- ▶ Engage and manage sensitive issues under pressure

Strengthen your resilience and resolve

- ▶ Perform productively through tough times
- ▶ Deal constructively with stress, criticism and setbacks
- ▶ Effectively manage conflict and turn negativity into opportunity

WORKSHOP SCHEDULE

- 8.30 - 9.00 Sign in
- 9.00 - 10.40 Session One
- 10.40 - 11.00 Morning Tea
- 11.00 - 12.30 Session Two
- 12.30 - 1.30 Lunch
- 1.30 - 3.00 Session Three
- 3.00 - 3.20 Afternoon Tea
- 3.20 - 4.30 Session Four
- 4.30 Close of Workshop

DAY TWO

High-level communication and negotiation skills

- ▶ Manage emotions for positive and assertive communication and relationships
- ▶ Explore coaching strategies to build capability in a team environment
- ▶ Navigate the initial challenges of difficult conversations

Stakeholder engagement and influencing strategies

- ▶ Effectively engaging stakeholders to understand the problem and identify potential solutions
- ▶ Integrating multi-stakeholder perspectives and facilitating shared understanding
- ▶ Resolving conflict and disagreement in group problem solving

Align your team with organisational expectations

- ▶ Support your team and engage others to deliver
- ▶ Manage expectations through change
- ▶ Build cohesive and engaged teams

Personal action plan for success in the QLD Public Sector

- ▶ Identify and respond to threats and see challenges as opportunities
- ▶ Determine your areas for development, key resources, change agents and networks
- ▶ Create an action plan for your career

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WHO WILL ATTEND?

Aspiring, emerging and existing leaders across all disciplines and departments throughout the QLD Public Sector including:

- ▶ AO 7-8
- ▶ Directors
- ▶ Assistant Directors
- ▶ Chief Officers
- ▶ Deputy Commissioners
- ▶ Specialists
- ▶ Senior Officers
- ▶ Senior Advisors

YOUR FACILITATOR

Miriam is an experienced Executive Coach and registered Psychologist with the ability to have a significant positive impact on people and results. She achieves this by bringing more depth and focus to particular challenges, and collaborating with her clients on strategic solutions and personal growth. In her consulting role, Miriam supports individuals, teams and organisations with bespoke coaching and training programs, particularly incorporating positive psychology and neuro-linguistic programming tools. With a special interest in Mind-Body Medicine, Miriam is also the Creator of The Mainspring Method.

Miriam is the founding Director of Lifespan Dynamics Pty Ltd an SA-based company she started with her life and business partner, Michael, selling revolutionary health devices and products for 21st Century health issues. The quality range of products are all grounded in current research literature, plus tried and tested by our leaders. Lifespan Dynamics specialises in Red Light Therapy (photobiomodulation), Mind-Body Medicine products and advanced personal care products throughout all stages of life.



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