

WOMEN IN EMERGENCY SERVICES, ENFORCEMENT & DEFENCE LEADERSHIP WORKSHOP

Key strategies & solutions for enhancing leadership effectiveness & career advancement



8 - 9
AUGUST 2022

- ▶ Recognise your leadership strengths, weaknesses and triggers
- ▶ Manage conflict and execute difficult conversations with confidence
- ▶ Create a positive culture of engagement and success
- ▶ Write your personal leadership plan

EXPERT FACILITATORS

DAY ONE



Michelle Dunscombe
Community Development
Consultant & Community
Emergency Plan Facilitator
Jeder Institute

DAY TWO



Nikki Roche
Director
BlueZenith Leadership
& Coaching Solutions



VIRTUAL EVENT

Attend from anywhere!

START YOUR LEADERSHIP JOURNEY!

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ABOUT THE EVENT

The Defence Force, Emergency Services and Enforcement agencies are the cornerstone of a functional society, ensuring the health, safety and wellbeing of the communities they serve. The high pressure and ever-changing nature of this work requires a unique blend of reactive and proactive leadership skills and an awareness of not only how to deal with a situation, but to ensure the safety and wellbeing of your team.

Leadership advancement requires an understanding of how to navigate this traditionally male dominated profession. By understanding how these organisations have established and the behavioural norms that represent them, leaders will become aware of the unconscious biases that often impact the decisions and choices made, that can help or hinder career advancement.

This two day workshop explores resilience, stress and confidence as weapons in the leadership arsenal, and will give you the ability to apply them to their own behaviours and work.

Group Discounts Available!



**25% off
Standard Rate**
Team of 10+



**20% off
Standard Rate**
Team of 8 - 9



**15% off
Standard Rate**
Team of 5 - 7



**10% off
Standard Rate**
Team of 3 - 4

DAY ONE

Cultivate resilience for leadership success

- ▶ Develop your individual leadership style
- ▶ Resilience as a leadership approach
- ▶ Develop confidence to lead authentically and effectively

Foster a constructive mindset

- ▶ Build a positive mindset for leadership
- ▶ Turn weaknesses into growth opportunities
- ▶ How to stay calm under pressure

Manage and limit the effects of stress

- ▶ Identify your stress triggers
- ▶ Find ways to cope with and avoid stress
- ▶ Recover from setbacks and adversity

Internalise your leadership identity

- ▶ Self-empowerment to underpin career progression and risk-taking
- ▶ Develop your authentic leadership voice
- ▶ Connect leadership and wellbeing

YOUR FACILITATOR - DAY ONE

Michelle is an enthusiastic Community Development practitioner, facilitator and trainer with the Jeder Institute. She is passionate about strengthening regional and rural communities, developing community leadership capacity, building community resilience and supporting community members to take a lead role in emergency preparedness and recovery. Michelle blends both Participatory Leadership and Asset Based Community-Led Development principles in her Leadership and Community Development work both nationally and internationally.

Michelle is a Fairley Fellow ('13), a member of ABCD Asia Pacific Network and the International Association for Community Development (IACD). Michelle is currently chair of Rivers and Ranges Community Leadership and Firefores Australia with a wealth of experience working in the Bushfire affected communities since 2009 with Murrindindi Shire Council, the Victoria Bushfire Reconstruction and Recovery Authority and the Kinglake Ranges Foundation.



Michelle Dunscombe
Community Development Consultant &
Community Emergency Plan Facilitator
Jeder Institute

DAY TWO

Working in male-dominated professional fields

- ▶ Behavioural norms within these organisations
- ▶ Unconscious bias - How this affects decision making
- ▶ Recognise your own biases at play

High-level communication skills for effective advancement

- ▶ Knowing and leveraging your communication style to influence with integrity
- ▶ Develop and communicate confidence, poise and assertiveness
- ▶ Manage conflict and execute difficult conversations with confidence

Foster high performance in teams

- ▶ Diversity of thought and creating inclusive work environments
- ▶ Explore coaching approaches
- ▶ Assertive vs aggressive leadership approaches

Strategic career progression

- ▶ Skills for self-promotion and accelerated career progression
- ▶ Recognise when conversations turn crucial
- ▶ Achieving improved leadership performance - your personal action plan

YOUR FACILITATOR - DAY TWO

Nikki is a dynamic, energetic and engaging facilitator and executive coach who has designed, managed and delivered successful, high impact leadership programs and coaching solutions across an array of audiences and businesses, both within Australia, and across the world, most recently in Saudi Arabia.

Nikki achieves high impact results by combining global corporate experience acquired through 4 years of employment as a Senior Leadership facilitator and executive coach with BAE Systems, over 20 years' service with the Australian Defence Force (ADF) in leadership and operations roles, and her exposure in elite sporting teams. She is passionate about enabling people and teams to unlock their potential and achieve beyond perceived limits.



Nikki Roche
Director
BlueZenith Leadership and Coaching Solutions

WHAT OUR DELEGATES ARE SAYING



“ Fantastic initiation to leadership/ management with some real practical tools to take back and implement in the workplace. Extremely motivating and thought-provoking. Has Given me an insight into how leadership/management skills influence the workplace ”



“ I found the content of the course very valuable for me. This course has given me some really good ideas on how I can advance my skills and provided some very useful techniques. Thank you very much. ”



“ Very worthwhile and incredibly valuable. Liquid Learning is excellent. Really flawless, thank you. ”



“ I really enjoyed the content, as well as the breakout activities. It was good to reflect on how those frameworks/ tools relate to me and just hearing the experiences of others. Enjoyed the online experience! ”



